



**Mallorca, December 3<sup>rd</sup>, 2016 – 5<sup>th</sup> WFTC INSTITUTE: Essence and Innovation**  
WORLD FEDERATION OF THERAPEUTIC COMMUNITIES (WFTC)

## DECLARATION OF MALLORCA

### INTRODUCTION

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The WFTC is an international association with the goal of uniting and supporting the broad global Therapeutic Community movement worldwide (all five continents). WFTC provides sharing, understanding, guidance and cooperation.

The Declaration of Mallorca has been adopted the 3<sup>rd</sup> of December 2016 in the city of Palma de Mallorca, Spain, within the celebration of the 5<sup>th</sup> Institute of the World Federation of Therapeutic Communities (WFTC), organized by *Projecte Home Balears* and the *Asociación Proyecto Hombre*. More than 150 experts in addiction and Therapeutic Communities from 26 countries have participated. This declaration comes out after three days of deliberations and contributions, organized in working groups and under the guidance of the WFTC Board, the members of the Institute Scientific Committee and the coordinator of the Declaration.

The Declaration of Mallorca is based on a group of actions, recommendations and agreements in terms of primary care, treatment, recovery and social re-integration of drug-dependent population, include drug prevention, with the goal of implementing them over the following ten years, until 2026. The previous Declaration was established in 2010 in the Italian city of Genoa during the IV WFTC Institute, organized by CEIS Genoa.

The Declaration of Mallorca recognizes the Therapeutic Community as one of the most effective approaches for the rehabilitation and recovery of addicted people and their families worldwide.

All the participants commit themselves to accomplish the actions and recommendations expressed in the Declaration and to transfer them to their therapeutic communities and to the rest of the regional and international community.



## **MAIN CRITERIA**

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The Declaration of Mallorca has been elaborated under the following main criteria:

### **COMMITMENT TO PEOPLE**

Our action is fully oriented to give the best service available to those who suffer from their addictions, also their family and social environment and their communities all over the world, based on a non-profit honest work. We are also committed to the Universal Declaration of Human Rights, the Declaration of the Rights of the Child and the Sustainable Development Goals.

### **INNOVATION**

It acknowledges the effectiveness of the essential elements of the Therapeutic Communities (TC) as well as the broad range of adapted methodologies and modified TC approaches worldwide. Research and evidence based practices are unequivocally supported.

### **PARTICIPATION**

The Declaration is approved by the members participating at the 5<sup>th</sup> WFTC Institute, following a participatory systematic process with high consensus and transparency.

### **ACHIEVABLE**

The Declaration's proposals are concrete, clear and measurable. The conclusions are realistic, applicable and affordable.

### **WILLINGNESS TO DISSEMINATE**

An active dissemination of the present declaration will be made throughout the Therapeutic Communities movement and other stakeholders such as local, national and international organizations, civil society institutions, professionals bodies, addicted populations and their families.



## MAIN THEMES

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Therapeutic Communities support a wide range of addiction profiles, with an increasing attention to specific vulnerable groups such as women, children, the homeless, people with HIV, Hepatitis C, co-occurring disorders, offenders and others.

The interventions have to be adapted to the participants' needs and their cultural, economic, social and religious diversity.

Much progress has been made in introducing the gender perspective into the treatment of addictions. Nonetheless, organizations are invited to reinforce these achievements as a priority.

Therapeutic Communities welcome aftercare services focused on improving the social reintegration of the participants. These follow-up services are critical in reducing relapsing episodes.

Families and other social networks become key factors during the TC treatment and we should encourage them to get engaged.

Therapeutic Communities require interdisciplinary professional teams, including experts by experience, to deal with the complexity of addiction within a bio-psycho-social framework. The identity of the TC staff lies in a combination of professionalism, vocation of service and the passion for help people.

We recognize that TC staff need continuous training and education, mentoring, caregiving and external supervision. Staff well-being should be promoted in order to minimize the possibility of burn-out.

TC leadership should be inspirational, transparent, and of service to the community and to the organizations. The TC movement is evolving to new organizational leaderships. The renewal of leadership is of paramount importance and can be achieved through carefully designed succession plans.

We acknowledge that transparency and accountability are fundamental aspects of the functioning of the organizations in the addiction field. These are the mandatory prerequisites for obtaining and sustaining credibility from governments and society.

The promotion of vigorous research and evidence based outcomes is crucial for the sustainability of our TCs. Moreover, we invite all organizations to be involved in publishing scientific papers and collaborating with academia and the research community.



We call upon the WFTC and all members to produce cost-benefits studies to demonstrate the value of the TC model to the stakeholders.

In many countries Therapeutic Communities are insufficiently funded. We encourage the policy makers to support TCs, for they provide an irreplaceable aid for recovering addicted people. It is urgent to diversify resources and to explore alternative funding.

It is critical for representatives from international and regional organizations, governments, civil society and private sector to recognize the role of the Therapeutic Community movement in resolving problems associated with drugs and other addictions and the consequent suffering of millions of people. Therapeutic Communities stress the fight against stigmatization of the addicted population.

The WFTC will reinforce a continuing presence and advocacy of the TC movement at international organizations and fora in collaboration with the regional federations and civil society networks.

Communication through internet and social media is an indispensable tool for increasing the awareness of society about the harmful consequences of addiction. This type of communication also contributes to the visibility of the TCs and their effectiveness.

## **CONCLUSION**

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This declaration reaffirms the commitment of the Therapeutic Community movement to serve addicted populations and their social networks all over the world by restoring their hope, dignity and personal well-being.

Sushma Taylor

President  
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5<sup>th</sup> WFTC Institute Scientific Committee